

Top Boots Tip - Style is nothing without fit

Inside every woman's wardrobe are a few must-have; couture classics; the little black dress, the perfect handbag and, of course, the perfect pair of boots. Whereas shoe styles can range from the sublime to the ridiculous, boots are a basic fashion essential that never goes out of style. The trend for knee high boots has been going strong for several years now, and doesn't look like dropping off the catwalks any time soon. Mid calf and ankle length boots, usually in the two classic colours of brown and black leather, are also popular, but no matter how fashionable your boots are, style is nothing without a good fit. And with knee and mid calf length boots in particular, it's not just the foot fitting that's important; it's the leg fitting too.

A poorly fitted pair of boots is not only uncomfortable to wear, but they look bad as well. High street boots tend to come in generic sizes with little thought given to any human variation except (occasionally) wider foot fittings. The problem with boots is that the whole leg has to fit, not just the foot. If the boot leg is too wide the leg does not support the body of the boot, the leather will crease and the life of the boot will be shorter. It also means that there's a big gap between the leg and the boot, allowing the cold air and wet to seep in; both uncomfortable and again damaging to the boot itself. If the leg fit is too tight it restricts the wearer to having the boot leather against bare skin which can be uncomfortable and, as the current trend is for skinny jeans or trousers to be tucked inside the boot, limiting to how the boot is worn. A tight fit can also restrict the blood flow down the leg to the foot, which can lead to the boots feeling cold; to wear. So it is important that the fit of the leg is just right for each individual wearer. The expensive alternative is to have a pair of [women's boots](#) tailor made, which will give you a pair of boots that will last for years but restrict you to one particular style. There are some excellent companies online that offer up to 21 different calf measurements on a wide range of styles. With such a range of fittings there are bound to be a pair that will fit almost any leg perfectly, so it pays to shop around.

Another important consideration when finding the perfect pair of boots is the length between the ankle and the knee. Again, there is a human factor to take into consideration here, as everyone's legs are a different length. A knee length boot that is too long will push against the kneecap and become uncomfortable, possibly even rubbing the skin and making it painful. Mid calf boots are an alternative, but the choice is down to the individual. There are knee length boots that have a roll-down option, allowing a greater flexibility in how the boot is worn. Ankle boots should fit snugly around the ankle, giving plenty of support for the delicate bones and tendons in this area, particularly if the boot has a high heel.

The big story in style for 2008-09 is the resurgence in popularity of the Biker boot; a low heeled, knee length boot with buckle features either at the ankle or at the top of the boot. Because it has a low heel it is comfortable for prolonged periods of wear, although the leather tends to be a little thicker than in more traditional styles and can take a little longer to break in;. Retailers are aware that comfort and a well made, long lasting boot is what customers are looking for and are working to combine style with the comfort of a good fit. The frustration of a pair of boots that fit perfectly on the foot but not on the leg can be overcome by looking for companies that offer a wide range of fittings, giving you a product that feels tailor made, is comfortable, stylish and will last for years.

About the Author

Duo - World's leading retailer of wide calf women's boots, narrow calf boots, wide shoes, narrow shoes. Largest range of stylish knee high [ladies boots](#) & ankle boots.

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